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Dear Parent:

As many of you may know, in August 2005 I was fortunate enough to help lead a medical team to a remote part of western Kenya. 1200 people were treated in a very short period of time! Now a church and an orphanage/school serving 130 children stand on the site where the medical clinic was held in a tent. The people of the community are hoping to build a permanent medical clinic building in the future. Now, 5 years later, I have the opportunity to return on another medical mission to help the people in this remote region of Western Kenya, where most have no source of ongoing medical care.

I would really like to involve my patients and their families in this outreach to Kenya! Below is a list of items that we would like to take with us...a "Wish List," of sorts. Please consider bringing whatever you can from this list to the office. We will have a "Kenya Box" for your donations. Through this small effort, you can potentially have a huge impact on a person's life!

Dr. Rice

Kenya "Wish List"

Medicines

- Antihistamines
 - Benadryl
 - Melt-aways
 - Tablets
 - Loratidine (i.e. Claritin)
 - Cetirizine (i.e. Zyrtec)
- Pain medicines
 - Acetaminophen (i.e. Tylenol)
 - 500 mg tablets
 - Children's liquid

- Pain Medicines (continued)
 - Ibuprofen (i.e. Advil/Motrin)
 - 200 mg tablets
 - 50 mg chewables
 - Children's liquid
 - Naproxen (i.e. Aleve)
- Antacids
 - Rolaids, TUMS, etc
 - Omeprazole 10 mg (Prilosec OTC)
 - Famotidine 20mg (Pepcid)
- Creams
 - 1% Hydrocortisone
 - 1% Clotrimazole (i.e. Lotrimin)
 - Antibacterial (i.e. Neosporin, Bacitracin)
 - Moisturizers
 - Diaper rash cream
- Cough Medicine (Expectorants)
 - Guafenisin
- Vitamins
 - Children's Chewables (large bottles)
 - Infant Multivitamin Drops
 - Infant Vitamin D Drops (Carlson Baby D drops, etc.)
 - Adult tablets (large bottles)
- Oral Rehydrations Salts
 - Kaolectrolyte packets
 - Pedialyte powder

Non-Medical supplies

- Writing supplies
 - Colored pencils, crayons, chalk, markers, etc.)
- Plastic ZipLoc bags (all sizes, esp. snack and sandwich sizes)